

The Cenacle's Spirituality

The Cenacle's spirituality is anchored on the Father's infinite mercy for his suffering people. It is inspired by the Word made Flesh in Jesus and is sustained by the active presence of His Holy Spirit.

Founded in 1980, The Cenacle House of Prayer answers the Lord's urgent call to «proclaim the Good News», «heal the sick» and be his «witnesses through all the earth»!

The power of the Love of the Trinity manifests itself especially in a Charism of healing called Agapetherapy.

Agapetherapy

The word Agapetherapy means «healing through the love of God». An intensive session of Agapetherapy is held over six days and is aimed at revisiting the important stages of our development as a person to identify the roots of the injuries and traumas that still hinder us today. In prayer and forgiveness, the roots of these wounds and traumas are presented to the Lord so that He may heal them and reverse the consequences. This approach is based on God's eternal "now": whether they are 20, 50 or 70 years old, all our wounds are present in the Lord's eternal "now" and His healing power knows no bounds.

Accessible to everyone

Agapetherapy is for any adult who wishes to take stock of his or her life or wishes to be immersed in the Healing Love of the Lord. Each person receives individual accompaniment throughout the process, which culminates in a true personal encounter with the Lord.

Activities at the Cenacle

- **Agapetherapy**
- **Weekends:** Formation sessions
- **Charismatic Retreats**
- **Ministries of Liberation and Healing:**
Thursday: 2:30 pm Public prayer of liberation and healing
- **Services:** Poustinia Bookstore
- **Spiritual accompaniment by appointment**
- **Silent Adoration:**
Wednesdays from 9 am to 9 pm



A WORD FROM
ARCHBISHOP
DENIS GRONDIN

Archbishop of Rimouski

The one who has begun to hear the voice of the Lord and to experience a personal encounter with Christ the Savior, sees his life rejuvenated. The Lord tells us: «Ephata,» that is, "Open-up", open yourself to the grace of the Holy Spirit. To trust is not easy and yet the mission of the Cenacle for the past 35 years allows the people who come to descend fearlessly in the depths of their history; they regain self-confidence, in God and in others, in Life and in our Mission.

With an experienced team of prayerful lay people, the Cenacle offers the reconciliation of the whole being through teaching, listening and personalized accompaniment. "Come down for today, I must stay at your house", says Jesus to all those Zacchaeus.

T. Grondin

After Agapetherapy, some of the 25,000 participants commented!

At the Sacrament of Reconciliation I heard the Lord say to me, 'Come, my child, I am waiting for you.' I came back to Him. For me it is truly a new beginning.
G.O.

The strongest moment was when I saw Jesus' eyes on the cross in the Chapel. He was lovingly gazing at me and I will never forget that moment.
X.P.

I was dead and the Lord gave me Life again! I now know that I am loved by Him and that I love Him.
D.A.

I'm moving forward now by putting God first in my daily life.
H.L.

I was cured of neck pain and of my fear of elevators. I thank the Lord for making the Cenacle such a blessed place.
A.M.

I used to belittled myself constantly and went into drugs. Now I do not do drugs anymore. I have found Freedom.
F.S.

The Lord cleansed me by healing my wounds. He showed them to me. He also showed me that He is alive and that He loves me.
A.B.

THE CENACLE TEAM

is composed of Religious, Priests and consecrated Lay people, comprising 55 volunteers formed as Agapetherapy guides, and many other volunteers in various services.

GETTING TO CACOUNA

Coming from the East: Maritime provinces and Eastern Quebec: Route 132, 2 km past the Church in Cacouna.

Coming from Edmundston: (Route 185) At Exit 96, Rivière-du-Loup turn right on Fraserville Street, then turn left onto St-Pierre Street to Fraser Street (Route 132 East), then turn right to Cenacle (10 Km).

Coming from the West: (Québec, Montreal) Hwy 20 to the Cartier exit (507) to Rivière-du-Loup, turn right, Route 132 East, another 7 km and you are at the Cénacle, 383 rue du Patrimoine.

Coming from Ontario via 401: From the border on Hwy 20 turn Right on Hwy 30 East at Vaudreuil/Dorion and follow signs for Highway 30 Est (East) SOREL-TRACY until you rejoin Hwy 20 Est (East) to Québec (Exit 83). Continue on Hwy 20 Est to the Cartier exit (507) to Rivière-du-Loup, turn right, Route 132 East, another 7 km and you are at the Cénacle, 383 rue du Patrimoine.

ROOM AND BOARD

Debit and Credit cards accepted

- **Weekend**
Single occupancy: \$ 130
Double occupancy: \$ 100
- **Mini-Agapetherapy**
Eng. Single occupancy: \$ 200
(3 days with individual intercession)
- **Agapetherapy with simultaneous translation**
\$ 450
- **Agapetherapy in languages other than French**
Includes simultaneous translation and Interpreter services: \$ 525
- **Room with bathroom:**
\$ 15 extra per day

Any financial support or other services given to the Cenacle will be received with gratitude!

HOUSE OF PRAYER

the
CENACLE

2018
PROGRAMMING
2019



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An enchanting site!
on the shores of
the Saint-Lawrence

Inner Healing Center
and of Spiritual Experience